

Black Forest Industries

Mk5/6 TSI Dogbone

Torque Arm Insert

Fits:

09 -> Audi A3
09 -> VW GTI
09 -> VW Rabbit
09 -> Tiguan

09 -> VW Jetta (Mk5/Mk6)
09 -> VW Passat/CC
10 -> Golf
09 -> Audi TT

Parts List:

1 – BFI Insert

1 – 10mm Washer 1 – 3” Washer 1 - Replacement Bolt

Tools Required:

22mm Socket

Jack and Jack Stands

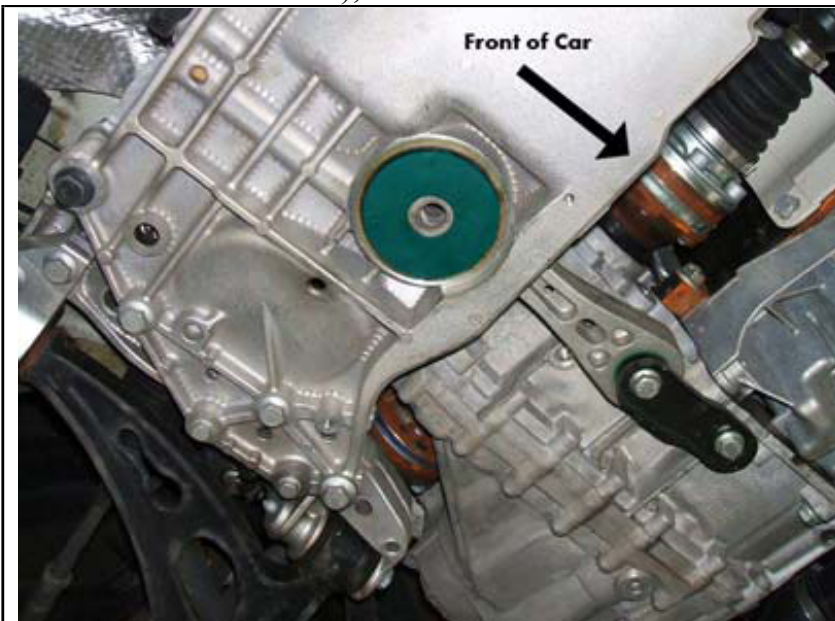
21mm Socket

Torque Wrench

Silicone Spray

1. Lift car via jack and support via jack stands – Never Work Under a Vehicle Without it Being Supported with Jack Stands. **NEVER SUPPORT A VEHICLE WITH ONLY A JACK!!**

2. Loosen the 21mm Hex bolt from the dogbone mount (located in the center of the aluminum subframe), but do not remove.



3. With the original torque arm bolt in place, and use silicone spray to lube insert for easier installation. Line up the insert with the gaps in the rubber mount and push in – use a rubber mallet if necessary to ease installation. Once the insert is installed, remove the original bolt.



4. Install 10mm washer and 3” washer as well as new 22mm hex bolt. *10mm washer is placed *inside* torque arm and large washer is between bolt and torque arm* should be installed as follows:

1. Small washer/torque arm insert
2. Large 3” washer
3. Replacement bolt

5. Torque the 22mm hex bolt to 74 ft. lbs then give an additional ¼ turn (90 degrees)

6. Lower the car off the jack stands and enjoy!